

CLASSIC PARASITE CLEANSE FOR ADULTS

(from 17 years of age)

- **Duration: minimum 1 month.** After the cleanse, a weekly maintenance should be performed in order to avoid reinfection or development of new parasitic infections.

- **Supplements used:**

- Black walnut hull tincture.
- Wormwood
- Cloves
- Ornithine (optional).
- Arginine (optional)

- **How to proceed:**

Day	BLACK WALNUT HULL TINCTURE 20 min, before a meal in half a glass of cold water Drink slowly (in under 10 min.)	WORMWOOD (365 mg) Take once a day	CLOVES (500 mg) 3 minutes after taking worm wood	ORNITHINE (500 mg) Before bedtime (preferably on an empty stomach)
1	2 teaspoons	3 capsules once a day	3 capsules 3 times daily	2 capsules once a day
2	2 teaspoons	4 capsules once a day	3 capsules 3 times daily	2 capsules once a day
3	2 teaspoons	4 capsules once a day	3 capsules 3 times daily	2 capsules once a day
4	2 tablespoons	5 capsules once a day	3 capsules 3 times daily	2 capsules once a day
5	Nothing	5 capsules once a day	3 capsules 3 times daily	2 capsules once a day
6	Nothing	6 capsules once a day	3 capsules 3 times daily	2 capsules once a day
7	Nothing	6 capsules once a day	3 capsules 3 times daily	2 capsules once a day
8	Nothing	7 capsules once a day	3 capsules 3 times daily	2 capsules once a day
9	2 tablespoons	7 capsules once a day	3 capsules 3 times daily	2 capsules once a day
10	Nothing	5 capsules once a day	3 capsules 3 times daily	2 capsules once a day
11	Nothing	6 capsules once a day	3 capsules 3 times daily	2 capsules once a day
12	Nothing	6 capsules once a day	3 capsules 3 times daily	2 capsules once a day
13	Nothing	7 capsules once a day	3 capsules 3 times daily	2 capsules once a day
14	3 tablespoons	7 capsules once a day	3 capsules 3 times daily	2 capsules once a day
After	3 tablespoons (Once a week within 10 min)	Take only walnut tincture from here on	Take only walnut tincture from here on	Take as needed – it is not habit forming