Treatment of thyroid disorders with BICOM therapy

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INTRODUCTION

Around 15% of the German population suffer from enlargement of the thyroid (goitre), around 2% from hyperthyroidism and around 1% from hypothyroidism. As a result, thyroid disorders are amongst the most common metabolic disorders.

BICOM therapy can often have a beneficial effect on the course of the disease and relieve the symptoms.

PHYSIOLOGY OF THE THYROID

The thyroid produces two hormones triiodothyronine (T₃) and thyroxine (T₄) which stimulate the metabolism of virtually all the body’s cells and also affect most other endocrine glands. The pituitary gland regulates production of these hormones through a feedback system. The pituitary is, in turn, influenced by the hypothalamus and thus the individual’s psychological state (emotions). Hormones from other endocrine glands and medication can also provoke changes in this control circuit. In terms of energy, various pathological influences (radiation, interference fields, scars, allergies, heavy metals, environmental toxins, pathogens) may upset this delicate balance (Fig. 1).

Enlargement of the thyroid or goitre (diffuse or nodular) is generally caused by iodine deficiency. The metabolic condition is generally euthyroid. Alongside hormone replacement therapy, bioresonance therapy (BRT) can improve iodine assimilation and metabolisation.

Fig. 1 Thyroid control circuit and stresses

Progr. 311
Input: iodine point, upper edge sternum
Output: modulation mat on the back

Progr. 549
also retards the growth of goitre.
Hyperthyroidism (thyroid overactivity) is accompanied by symptoms of increased metabolism (Tab. 1).

<table>
<thead>
<tr>
<th>Hypothyroidism (underactivity)</th>
<th>Hyperthyroidism (overactivity)</th>
</tr>
</thead>
<tbody>
<tr>
<td>weight gain (oedema)</td>
<td>weight loss</td>
</tr>
<tr>
<td>tiredness, apathy</td>
<td>subjective feeling of unrest, nervousness</td>
</tr>
<tr>
<td>needs plenty of sleep</td>
<td>insomnia</td>
</tr>
<tr>
<td>low blood pressure</td>
<td>high blood pressure</td>
</tr>
<tr>
<td>bradycardia</td>
<td>tachycardia at rest</td>
</tr>
<tr>
<td>constipation</td>
<td>diarrhoea</td>
</tr>
<tr>
<td>dry, brittle hair</td>
<td>outbreaks of sweat</td>
</tr>
<tr>
<td>intolerance to cold</td>
<td>intolerance to warmth</td>
</tr>
<tr>
<td>hyporeflexia</td>
<td>fine tremor</td>
</tr>
</tbody>
</table>

In both forms:
- globus sensation in the neck
- hair loss
- menstrual problems
- loss of potency and libido
- depression, panic

The most frequent causes are toxic thyroid adenoma and Graves’ disease.

Toxic thyroid adenoma is a benign nodule which produces thyroid hormones independently and consequently unregulated by the pituitary. In orthodox medicine surgical removal is generally recommended, alternatively thyroid depressants or radio-iodine therapy.

Graves’ disease is an auto-immune disorder. Hormone production by the thyroid cells is stimulated by thyrotropic antibodies, likewise independent of the control of the pituitary (Fig. 2).

As the disease generally progresses intermittently, thyroid depressants are usually administered until the next remission. If the disease is more protracted, the tissue is reduced with radio-iodine therapy.

Hypothyroidism (thyroid underactivity) exhibits symptoms of a slowed-down metabolism (Tab. 1). The most common cause of the acquired form is the destruction of thyroid cells by auto-antibodies as in Hashimoto’s thyroiditis. This is also an auto-immune disease (Fig. 2).

Orthodox therapy consists of replacing thyroid hormones.

“ENERGETIC THYROID DISORDERS”

The injection of a local anaesthetic (e. g. procaine) in the thyroid lobe has long been practiced in neural therapy.

This provides a therapeutic impulse to regulate the energetic endocrine imbalance. This technique has not only been shown to support active thyroid disorders but also to relieve “thyroid-like symptoms”, where there is no evidence of structural changes and laboratory tests are normal (globus sensation, anxiety, nervousness, palpitations and other vegetative symptoms). Similar results can be obtained with BRT without the need for injections (which can be unpleasant for some patients).

ENERGETIC DIAGNOSIS

As with all chronic diseases, the holistic therapist searches for the “hidden causes” of thyroid diseases.

The “pituitary – thyroid” system is highly sensitive to electromagnetic radiation (geopathy, electrical smog) and to radioactivity. Consequently careful testing and clean-up is necessary with all thyroid disorders.

Scar interference fields in the throat and head area, including the teeth and tonsils, constitute therapy blocks just as frequently as “remote foci” in the true pelvis.

Heavy metal deposits (e. g. mercury) in the glandular tissue or evidence of information from environmental toxins (formaldehyde, wood pre-
servatives) are not uncommon. Metabolic toxins from viruses, bacteria, fungi and parasites can also harm the glandular tissue directly or trigger auto-immune processes.

Auto-immune disorders are frequently accompanied by chronic allergies (often cow’s milk) (Tab. 2).

Table 2
Energetic diagnosis with thyroid disorders

<table>
<thead>
<tr>
<th>Disorder</th>
<th>Frequency</th>
</tr>
</thead>
<tbody>
<tr>
<td>Geopathy, electrical smog</td>
<td></td>
</tr>
<tr>
<td>Radioactivity</td>
<td></td>
</tr>
<tr>
<td>Scar interference fields</td>
<td></td>
</tr>
<tr>
<td>(head, throat, lower abdomen, kidneys)</td>
<td></td>
</tr>
<tr>
<td>Chronic (central) allergies (cow’s milk)</td>
<td></td>
</tr>
<tr>
<td>Heavy metals (mercury)</td>
<td></td>
</tr>
<tr>
<td>Environmental toxins</td>
<td></td>
</tr>
<tr>
<td>Chronic viral infections</td>
<td></td>
</tr>
<tr>
<td>Mycoses, parasites</td>
<td></td>
</tr>
</tbody>
</table>

**BIORESONANCE THERAPY**

The treatment plan consists firstly of treating the stress factors found and secondly of applying tried and tested stabilising therapeutic programs. We have also had positive results through starting with Sissi Karz’s therapy system (basic therapy searching for the frequency of the primary focus, treatment of the mandibular joint, nutrient points) and then eliminating the remaining stress factors.

The position of the input and output electrodes should be tested out individually for the therapy programs. The thyroid often has to go in the input (as well). Always use endogenous humours (blood, saliva, etc.) as well!

In addition to therapy programs specific to the thyroid (934, 548, 549), programs for hormonal regulation (980, 981, 934) and pituitary regulation (916) are also used. Owing to the energy and hormonal relationship with the suprarenal glands and gonads, support is also frequently needed here (480, 481, 482).

**Chakra therapy** using information from colours and precious stones stabilises the whole energy and hormonal system and smoothes the way for further specific therapies.

As with all auto-immune disorders, immune stimulating programs should be avoided and toxins should only be eliminated slowly and gradually, carefully testing and observing the patient’s reactions.

Orthodox treatment is often unavoidable with active hypo- or hyperthyroidism.

However, there are numerous latent, subclinical forms with laboratory test results around the threshold level or up only slightly.

**Aims of bioresonance therapy**

- retardation or regression of goitre on low doses of medication
- stimulation of remaining intact thyroid tissue with hypothyroidism
- slowing down the auto-immune processes
- prevention of hyperthyroidism advancing or acceleration of remission
- relieving the patient’s subjective symptoms, including where the autonomic nervous system is disturbed
- as the disease is generally chronic, the patient often needs long-term therapy. Following initial intensive (generally weekly) treatment for therapy blocks and chronic stresses, “refresher treatment sessions” at less frequent intervals are beneficial later.

Table 3
BICOM therapy for thyroid disorders

<table>
<thead>
<tr>
<th>Therapy program</th>
<th>Frequency</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rectify stress from geopathy and electrical smog</td>
<td></td>
</tr>
<tr>
<td>Eliminate radioactivity</td>
<td></td>
</tr>
<tr>
<td>(Radium bromatum D200)</td>
<td></td>
</tr>
<tr>
<td>Eliminate scar interference (910)</td>
<td></td>
</tr>
<tr>
<td>Stabilise meridians (TW, KI, SP?)</td>
<td></td>
</tr>
<tr>
<td>Restore natural intestinal flora</td>
<td></td>
</tr>
<tr>
<td>Treat chronic allergies</td>
<td></td>
</tr>
<tr>
<td>Eliminate heavy metals, toxins</td>
<td></td>
</tr>
<tr>
<td>Eliminate viruses, fungi, parasites</td>
<td></td>
</tr>
</tbody>
</table>

**BICOM programs**

Test input and output electrodes as far as possible!
Usually “thyroid” in input as well.

<table>
<thead>
<tr>
<th>Therapy program</th>
<th>Frequency</th>
</tr>
</thead>
<tbody>
<tr>
<td>with goitre: progr. 549</td>
<td>progr. 311</td>
</tr>
<tr>
<td>with goitre: (iodine point)</td>
<td></td>
</tr>
<tr>
<td>with hypothyroidism: progr. 934</td>
<td></td>
</tr>
<tr>
<td>with hyperthyroidism: progr. 548</td>
<td></td>
</tr>
<tr>
<td>hormonal regulation: progr. 980, 981, 934</td>
<td></td>
</tr>
<tr>
<td>pituitary regulation: progr. 916</td>
<td></td>
</tr>
<tr>
<td>to support kidneys: progr. 480, 481</td>
<td></td>
</tr>
</tbody>
</table>

Chakra therapy!

External frequency patterns
(combined test technique, VTT, Medisoft)
PSYCHOSOMATIC ASPECTS

The thyroid has energy links to the throat Chakra (4). Amongst other things it controls the transition from the (physical) internal to the external world. Blocks make it harder to process impressions and impede expressiveness (speech, self-assurance, personal freedom). Feelings of guilt which have not been dealt with “constrict the throat” and “take the breath away” (thyroid = “guilt gland”?*).

CASE STUDIES

Patient H.D., female, aged 56

Diagnosis
Hyperthyroid Graves’ disease with goitre, chronic sinusitis. Feeling of pressure on throat, subjective feeling of unrest. Neo-Thyreostat discontinued as not tolerated.

Test
Geopathy, hormone imbalance
Allergy: cow’s milk, house dust, mould

Therapy
29.06.00: 980, 981, 916, 1 Thyreo-Loges tablet 3 times
27.07.00: 980, 981, 916, 548
29.08.00: subj. improvement, feeling of pressure reduced
T₃, T₄ normal, TSH up to threshold level
934, cow’s milk treated
Firstly: sessions twice monthly
Nov. 2000 - Mar. 2001: programs 980, 981, 934 several times
cow’s milk, house dust, mould treated
Occasional slight feeling of pressure in throat, otherwise subjectively virtually symptom-free!
T₃, T₄ normal, TSH up to threshold level.
Currently “stabilising therapy” every 6 months!

Patient M.E., female, aged 47

Diagnosis
Euthyroid Hashimoto’s thyroiditis, recurrent arthritis, chronic sinusitis, migraine-like headaches, menopausal symptoms, functional dyspepsia, “feels weary and ill”.

Test (11.12.00)
Geopathy, hormonal imbalance, interference from tonsillectomy scar on both sides, intestinal mycosis, house dust allergy.

Therapy
Changed sleeping area, natural intestinal flora restored.
15.01.01: tonsillectomy scar interference removed 910, 700, 980
29.01.01: feels mentally stronger, fewer stomach aches
910, 700, 480, house dust therapy 979
05.02.01: 700, 980, 981, house dust therapy 944 no more headaches
13.03.01: 700, 980, 981, 934 feels in good health subjectively
17.09.01: 132, 980, 981, 934, 922
no more arthritis
18.02.02: 130, 980, 981 922, 525 (inflammation of the eye)

Since then largely symptom-free!

Patient G.E., female, aged 57

Diagnosis
Immune thyroiditis, latent hypothyroidism, chronic cervical syndrome, previous amalgam clean-up.

Test (11.06.01)
Geopathy, cow’s milk allergy, mercury contamination, hormonal imbalance.

Interference fields: cervical spine, sacrum, stomach, uterus.

* in German also a word play:
Schilddrüse (thyroid) = “Schulddrüse” (“guilt gland”)
Therapy

Sleeping area changed!

30.07.01: GT 124, 810 Hz (toxin elimination),
            331 (stomach),
            934 (hormonal imbalance)
27.08.01:  934, 130, mandibular joint 530/570
17.09.01:  700, 130, mandibular joint 530/570, milk (530)
22.10.01:  135, 572, 980, 981, 934
19.11.01:  135, 943, 980, 981, mandibular joint
27.11.01:  $T_b$, $T_d$ normal, 
            TSH up (latent hypothyroidism)
23.04.-  6 treatment sessions 980, 981, 934
03.06.02:  
12.06.02: infected tooth (26) removed, scar 910
28.06.02:  $T_b$, $T_d$, TSH normal (euthyroidism!), subjective feeling of good health
27.01.03:  $T_b$, $T_d$, TSH normal
30.06.03:  had emotional problems (daughter!) in the meantime, considerable hair loss, 
            $T_b$, $T_d$ normal, TSH up (latent hypothyroidism), 1 L-thyroxine 25 once
11.08.03:  922, 916, 934, 980, 981
08.09.03:  had racing heart
            900, 904, 922, 980, 981
25.10.03:  922, 980, 981, 934
18.12.03: inflammation of the eye 526, 812, 520, 
            no more hair loss, no more subjective symptoms.